Province Event	Blue Ridge	Piedmont	Valley & Ridge	Appalachian Plateaus	Culpeper Basin & Triassic lowlands	Coastal Plain
Grenville Orogeny 1200-1000 Ma	Granites & charnockites & gneisses					
lapetan rifting of Rodinia 700-560 Ma	Flood basalts & their feeder dikes; rift sediments (arkose; conglomerate, shale)					
Early Paleozoic passive margin sedimentation	Chilhowee Group transgressive sequence	Quartzite → schist → marble transgressive sequence in Maryland	Cambrian + Ordovician carbonates w/ stromatolites & ooids			
Taconian Orogeny 460 Ma		Accreted metasedimentary + metavolcanic rocks, metamorphism, deformation, & partial melting	Switch to deposition of shale, graywacke, & bentonite			
Middle Paleozoic passive margin sedimentation			Quartz sandstone Silurian & Devonian carbonates			
Acadian Orogeny 360 Ma		Some dikes; felsic intrusions like the Petersburg Granite in Richmond; metamorphism in north	Thick package of clastic sediment (Catskill)	Thick package of clastic sediment (Catskill): Pennsylvanian age		
Alleghanian Orogeny 300-250 Ma	Folding into a broad anticlinorium; ductile shear zones. Metamorphism to greenschist facies + thrust faulting		Thrust faulting, intense folding (anticlines & synclines), & development of slaty cleavage	Slight folding: broad, open anticlines & synclines		
Atlantic rifting of Pangaea 200-180 Ma	A few Jurassic dikes	(see Culpeper Basin column)	A few Jurassic dikes		Normal faulting, diabase intrusions + basalt eruptions; rift sediments (conglomerate, arkose + lake sediments)	
Cretaceous-Cenozoic passive margin sedimentation		Hilltops capped w/ Cretaceous river gravels				Thick "blanket" of conglomerate, sand, shale, and fossil debris
More recent events	Incision of rivers, formation of water gaps	Incision of rivers	Intrusion of mafic & intermediate igneous rocks in WV/VA border region. 47 Ma Incision of rivers, formation of water gaps	Incision of rivers		Giant crater beneath Chesapeake Bay, shocked quartz & tectites; breccia, diversion of rivers 35 Ma